

Week 2 // Day 7

Rhythm // Saturday

Theme // Peace

Scripture // Luke 4:14-30

Draw, Sketch, or Outline Notes from Scripture Reading:

Look over your notes. Underline anything that points to this week's theme, **Peace**. Add a star* next to anything that tells more of the story of Jesus at Christmas, including theology and Old Testament discussions and prophecies.

Review your notes again. What questions do you have about this? What curious observations stand out to you as you ponder these verses?

Participate in the spiritual discipline and activity. What additional reflections do you have on today?

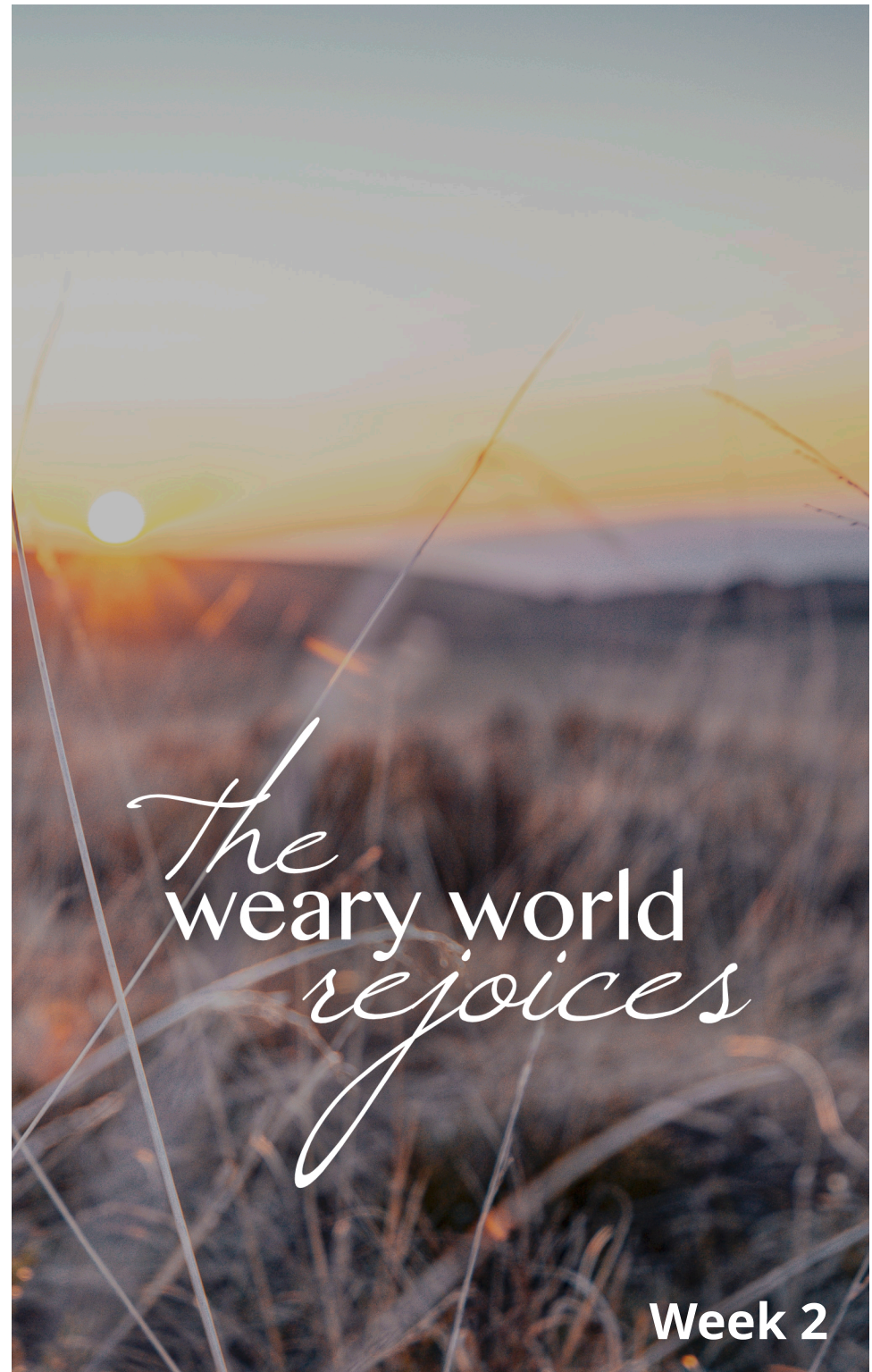
Candles // none

Spiritual Discipline // Fasting: Self-Denial

Activity // Serve

#advent #thewearyworldrejoices #others

Playlist // *Come Alive (Dry Bones)* by Lauren Daigle



Week 2 // Day 1

Rhythm // Second Sunday of Advent

Theme // Peace

Scripture // Romans 5:1-8

Draw, Sketch, or Outline Notes from Scripture Reading:

Look over your notes. Underline anything that points to this week's theme, **Peace**. Add a star* next to anything that tells more of the story of Jesus at Christmas, including theology and Old Testament discussions and prophecies.

Review your notes again. What questions do you have about this?
What curious observations stand out to you as you ponder these verses?

Light today's candles and participate in the spiritual discipline and activity. What additional reflections do you have on today?

Candles // 2 Purple, Red, or Blue Candles

Spiritual Discipline // Fasting: Darkness

Activity // Flame

#advent #thewearyworldrejoices #peace

Playlist // *O Holy Night* arranged by Future of Forestry

Week 2 // Day 6

Rhythm // Friday

Theme // Peace

Scripture // Zechariah 9:9; John 12:12-19

Draw, Sketch, or Outline Notes from Scripture Reading:

Look over your notes. Underline anything that points to this week's theme, **Peace**. Add a star* next to anything that tells more of the story of Jesus at Christmas, including theology and Old Testament discussions and prophecies.

Review your notes again. What questions do you have about this?
What curious observations stand out to you as you ponder these verses?

Participate in the spiritual discipline and activity. What additional reflections do you have on today?

Candles // none

Spiritual Discipline // Fasting: Pause

Activity // Sabbath

#advent #thewearyworldrejoices #sabbath

Playlist // *How Many Kings* by Downhere

Week 2 // Day 5

Rhythm // Thursday

Theme // Peace

Scripture // Psalm 34

Draw, Sketch, or Outline Notes from Scripture Reading:

Look over your notes. Underline anything that points to this week's theme, **Peace**. Add a star* next to anything that tells more of the story of Jesus at Christmas, including theology and Old Testament discussions and prophecies.

Review your notes again. What questions do you have about this? What curious observations stand out to you as you ponder these verses?

Participate in the spiritual discipline and activity. What additional reflections do you have on today?

Candles // none

Spiritual Discipline // Fasting: Frugality

Activity // Save

#advent #thewearyworldrejoices #anticipation

Playlist // *Oh Light* by The Liturgists, Gungor, and All Sons & Daughters

Week 2 // Day 2

Rhythm // Monday

Theme // Peace

Scripture // Ruth 1:1, 6, 22; 1 Samuel 1:1, 11-13; Matthew 1:5-6, 16, Luke 2:1-5, 7; John 6:35

Draw, Sketch, or Outline Notes from Scripture Reading:

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Review your notes again. What questions do you have about this? What curious observations stand out to you as you ponder these verses?

Participate in the spiritual discipline and activity. What additional reflections do you have on today?

Candles // none

Spiritual Discipline // Fasting: Vacancy

Activity // Purge

#advent #thewearyworldrejoices #clean

Playlist // *Bethlehem* by Chris Tomlin

Week 2 // Day 3

Rhythm // Tuesday

Theme // Peace

Scripture // Isaiah 60:1-3; Isaiah 61:1-3

Draw, Sketch, or Outline Notes from Scripture Reading:

Look over your notes. Underline anything that points to this week's theme, **Peace**. Add a star* next to anything that tells more of the story of Jesus at Christmas, including theology and Old Testament discussions and prophecies.

Review your notes again. What questions do you have about this? What curious observations stand out to you as you ponder these verses?

Participate in the spiritual discipline and activity. What additional reflections do you have on today?

Candles // none

Spiritual Discipline // Fasting: Hunger

Activity // Crave

#advent #thewearyworldrejoices #desire

Playlist // *A Light* by The Liturgists and The Brilliance

Week 2 // Day 4

Rhythm // Wednesday

Theme // Peace

Scripture // Matthew 1:18-24

Draw, Sketch, or Outline Notes from Scripture Reading:

Look over your notes. Underline anything that points to this week's theme, **Peace**. Add a star* next to anything that tells more of the story of Jesus at Christmas, including theology and Old Testament discussions and prophecies.

Review your notes again. What questions do you have about this? What curious observations stand out to you as you ponder these verses?

Participate in the spiritual discipline and activity. What additional reflections do you have on today?

Candles // none

Spiritual Discipline // Fasting: Empathy

Activity // Listen

#advent #thewearyworldrejoices #needs

Playlist // *Winter Snow* by Audrey Assad