

**Week 3 // Day 7**

**Rhythm // Saturday**

**Theme // Joy**

Scripture // Isaiah 42:1-9

Draw, Sketch, or Outline Notes from Scripture Reading:

Look over your notes. Underline anything that points to this week's theme, **Joy**. Add a star\* next to anything that tells more of the story of Jesus at Christmas, including theology and Old Testament discussions and prophecies.

Review your notes again. What questions do you have about this?  
What curious observations stand out to you as you ponder these verses?

Participate in the spiritual discipline and activity. What additional reflections do you have on today?

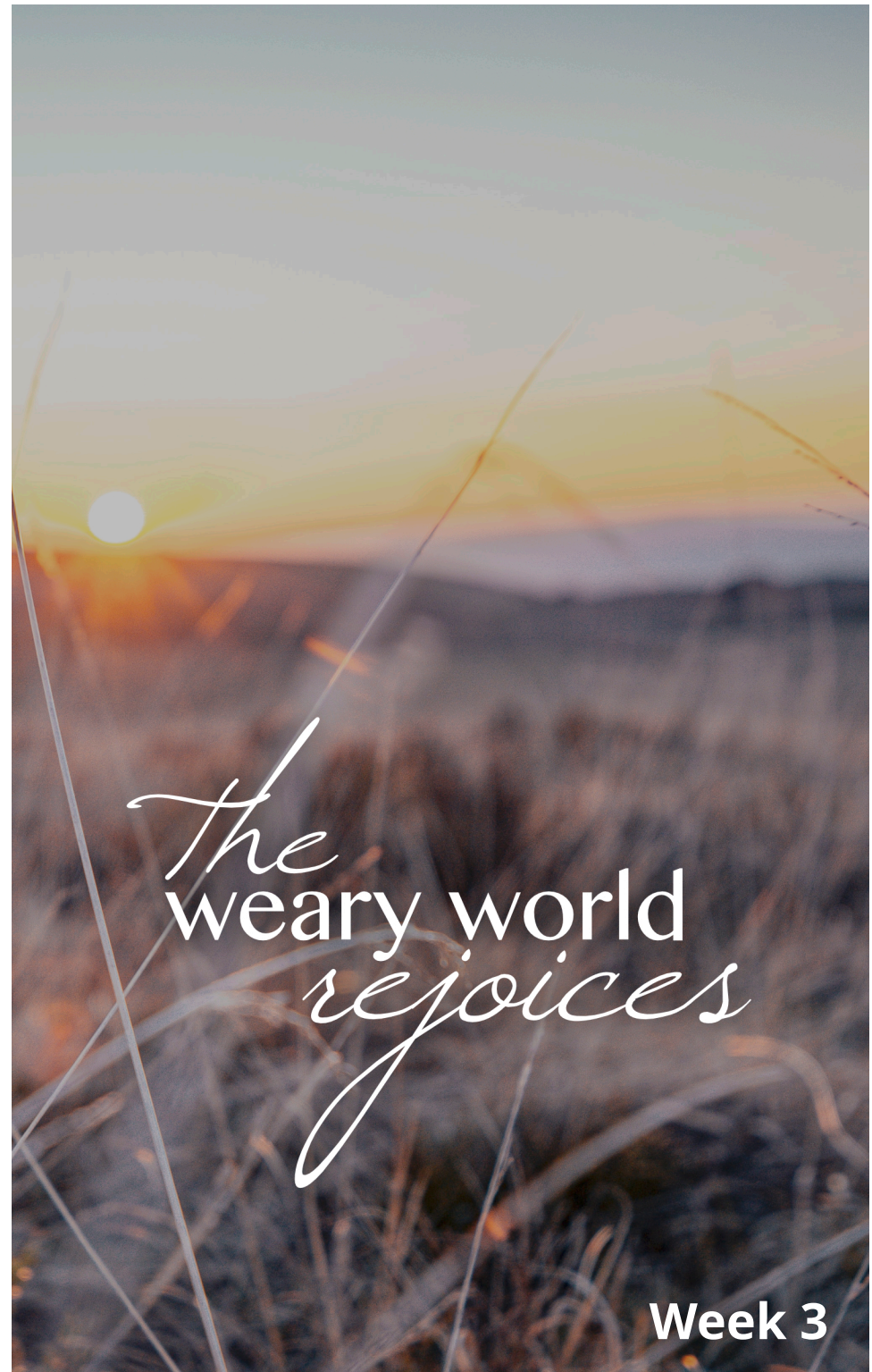
Candles // none

Spiritual Discipline // Fasting: Self-Denial

Activity // Serve

**#advent #thewearyworldrejoices** #last

Playlist // *Unto Us* by Matthew West



### Week 3 // Day 1

**Rhythm // Third Sunday of Advent**

**Theme // Joy**

Scripture // Isaiah 12:1-6

Draw, Sketch, or Outline Notes from Scripture Reading:

Look over your notes. Underline anything that points to this week's theme, **Joy**. Add a star\* next to anything that tells more of the story of Jesus at Christmas, including theology and Old Testament discussions and prophecies.

Review your notes again. What questions do you have about this?  
What curious observations stand out to you as you ponder these verses?

Light today's candles and participate in the spiritual discipline and activity. What additional reflections do you have on today?

Candles // 3 Purple, Red, or Blue Candles, or 2 Purple Candles and 1 Pink Candle

Spiritual Discipline // Fasting: Darkness

Activity // Flame

**#advent #thewearyworldrejoices** #joy

Playlist // *Joy to the World (Unspeakable Joy)* by Chris Tomlin

### Week 3 // Day 6

**Rhythm // Friday**

**Theme // Joy**

Scripture // Isaiah 11:1-3

Draw, Sketch, or Outline Notes from Scripture Reading:

Look over your notes. Underline anything that points to this week's theme, **Joy**. Add a star\* next to anything that tells more of the story of Jesus at Christmas, including theology and Old Testament discussions and prophecies.

Review your notes again. What questions do you have about this?  
What curious observations stand out to you as you ponder these verses?

Participate in the spiritual discipline and activity. What additional reflections do you have on today?

Candles // none

Spiritual Discipline // Fasting: Pause

Activity // Sabbath

**#advent #thewearyworldrejoices** #sabbath

Playlist // *Close By* by Whittaker

### Week 3 // Day 5

Rhythm // Thursday

Theme // Joy

Scripture // Luke 1:67-80

Draw, Sketch, or Outline Notes from Scripture Reading:

Look over your notes. Underline anything that points to this week's theme, **Joy**. Add a star\* next to anything that tells more of the story of Jesus at Christmas, including theology and Old Testament discussions and prophecies.

Review your notes again. What questions do you have about this?  
What curious observations stand out to you as you ponder these verses?

Participate in the spiritual discipline and activity. What additional reflections do you have on today?

Candles // none

Spiritual Discipline // Fasting: Frugality

Activity // Save

**#advent #thewearyworldrejoices** #research

Playlist // *Yahweh* by The Brilliance

### Week 3 // Day 2

Rhythm // Monday

Theme // Joy

Scripture // Ezekiel 36:26-36

Draw, Sketch, or Outline Notes from Scripture Reading:

Look over your notes. Underline anything that points to this week's theme, **Joy**. Add a star\* next to anything that tells more of the story of Jesus at Christmas, including theology and Old Testament discussions and prophecies.

Review your notes again. What questions do you have about this?  
What curious observations stand out to you as you ponder these verses?

Participate in the spiritual discipline and activity. What additional reflections do you have on today?

Candles // none

Spiritual Discipline // Fasting: Vacancy

Activity // Purge

**#advent #thewearyworldrejoices** #repurpose

Playlist // *Angels We Have Heard on High* arranged by for KING & COUNTRY

### Week 3 // Day 3

Rhythm // Tuesday

Theme // Joy

Scripture // Luke 1:46-56

Draw, Sketch, or Outline Notes from Scripture Reading:

Look over your notes. Underline anything that points to this week's theme, **Joy**. Add a star\* next to anything that tells more of the story of Jesus at Christmas, including theology and Old Testament discussions and prophecies.

Review your notes again. What questions do you have about this?  
What curious observations stand out to you as you ponder these verses?

Participate in the spiritual discipline and activity. What additional reflections do you have on today?

Candles // none

Spiritual Discipline // Fasting: Hunger

Activity // Crave

**#advent #thewearyworldrejoices** #thirst

Playlist // *Fall Afresh* by Jeremy Riddle

### Week 3 // Day 4

Rhythm // Wednesday

Theme // Joy

Scripture // Luke 1:57-66

Draw, Sketch, or Outline Notes from Scripture Reading:

Look over your notes. Underline anything that points to this week's theme, **Joy**. Add a star\* next to anything that tells more of the story of Jesus at Christmas, including theology and Old Testament discussions and prophecies.

Review your notes again. What questions do you have about this?  
What curious observations stand out to you as you ponder these verses?

Participate in the spiritual discipline and activity. What additional reflections do you have on today?

Candles // none

Spiritual Discipline // Fasting: Empathy

Activity // Listen

**#advent #thewearyworldrejoices** #patience

Playlist // *Joyful Joyful* by the Brilliance